

Hands-on Train-the Trainer course.

Aims: 1. to improve the prospective trainer's skills in these areas:

- Intensive, empathetic listening
- Observation as opposed to mind-reading *and* fantasising
- Acuity and accuracy of perception
- gaining , maintenance and control of rapport
- Entering into and understanding the mapping of another person
- intervening with people ranging from the most non directive to the most intensely directive interventions.

2. To offer participants a wide range of options in these main technical areas:

- teacher training input styles
- supervision of trainee teaching, including modes of feedback to the trainee.

3. To enhance participants' self awareness as people, as language teachers and as trainers by offering them thinking and feeling frames taken from a wide variety of sources including , among others:

- The work of Wallace, Schoen and Woodward
- NLP (especially VAKOG, Meta-model and meta-programs)
- Gestalt Therapy
- Eric Berne's work
- Psychodrama (especially doubling and role-reversal)
- The work of de la Garanderie

The Course's underlying presuppositions:

1. That participants are willing to work within the overall frame of a humanistic approach to language teaching and teacher training as made explicit in the work of Stevick: HUMANISM IN LANGUAGE TEACHING and Dufeu: TEACHING MYSELF.

2. That they are open to working on self as well as on techniques and instruments.

