

Dear L■■■,

Thank you for your 1.00 am letter. I am delighted that the course had a good psychological effect and that this was paralleled by the physiological effect you describe. Yes, I am gobsmacked by the power of a positive group on the feelings of individuals in it, as I think happened in our case.

Your letter speaks powerfully of the immense supportive power of the group, of you dancing together at the party, of your farewell to M■■■ and J■■■ and of going home hand in hand with E■■■.

What long-term effect the course may have had you will not know until late September though the fact that it has already affected you in a physiologically powerful way suggest there could be long-term good effects.

I went in last week and briefly saw N■■■ in the dining hall, also waved to M■■■ and J■■■ I will be seeing N■■■ this coming week ( I have been off on holiday the last five days ). Have written to M■■■ and J■■■ in Leeds- I fear they may find the transition to "academic" life a bit hard. I tried to give them little hints about this to prepare them... but.....I'll also see E■■■ this next week.

Thank you again for your generous letter,

a hug

Mario.