

August 2003 NLP course 1st Monday

Dear Twelve People in Room 5,
Sudden impressions:

C [redacted] who was kept up all night by the music in her neighbourhood,
Iceland which is hot at 17 degrees,
a long coach journey from beyond Warsaw,
Ar [redacted] on the hovercraft over from Calais,
and Ad [redacted] who hopes this group may prove as warm as the one she had to say
goodbye to last Friday... .. and three people at least who have been on the Hilltop
before and so have their grounded expectations.

No, of course, I do not know you yet but somehow I
feel like a sailor who has seen some cliffs and beaches , some hills and valleys, even
if from afar. It is well worth having a sniff of each other on the Sunday evening, even
if only for a few tired, end-of-day minutes.

Our main Monday task will be to form the beginnings of a well-bonded group so that
we can get down to the task of learning something more about NLP. Unless we get
into decent rapport with each other, then nothing NLPish will work.
NLP, like any half decent teaching, presupposes establishing rapport and reaching a
certain level of mutual warm-up. Last night I was well aware of my own state of tepid
warm-up (I have been locked up for five days, editing a book, solitary and partly a-
personal work)

Over these ten days I want to have the chance to work with each of you in one-to-one
mode, as I find this helps the work we do in the group. When we do this one-to-one
work, the agenda of what we talk about is yours.

I will be using my daily letter to the group to comment on stuff that comes up, to
revise some NLP already looked at, to open up new areas of NLP. Exactly the same
way I use my daily letter to a language learning group: I will sometimes introduce
new grammar, re-use vocab that needs revision etc....

Joyce, have you found it at all useful to write letters to your students in your Japanese
university situation? There are so many things it is easier to say, using this channel, at
least that is what I find. I ask you, as you were on the receiving end of my letters on
the Multiple Intelligences course last year. Indeed you wrote me one or two letters
yourself.

If anybody answers this letter, I am happy to begin a correspondence.

It is too hot, even early in the morning.

See you soon,

Mario

