Dear Second Day People,

Thank you for some very concentrated work yesterday at a variety of levels. For a few moments, at the tea-break, I felt bushed. I know this, on a first day. can be a sign that plenty has been going on. I think we did pretty well in terms of getting to know each other from a variety of angles. I think we will come to realise the strength of the warm-up over the next few days.

Warming-up is central to teaching sports and singing, it is central in all psychodrama work. It is odd that it not a normal concept in other subjects.

M▩, you told me that the way you warm your students up at the start of an economics course, is regarded as unusual. Maybe it would be good if you could write a page for the group about how you effect this warm-up. Practically, what do you do? If you do write something I will make sure each of us gets a copy.

By now some of you will be asking " *what is this NLP- we have done a whole day and no one has yet told us? "*

It is hard to give a brief and clear answer to this reasonable question, because, like an octopus, NLP has many arms.
Let me have a go, all the same.

NLP is a synthesis and development of many of the main therapy traditions of the 20th century, particularly of these areas: Moreno's psychodrama
Perl's Gestalt therapy
Milton Erickson's hypnotherapy.
NLP also draws on insights and borrowings from other fields, to whit cybernetics, or the study of systems and Chomskyian linguistics.

The applications of NLP are to be found in therapy, police training, business management training (eg Robert Dilt's work in the early 90's with Fiat senior management) , selling, politics (eg Haider, the Governor of Carinthia in Austria) and education. Our main concern on this course is the application of NLP to teaching and to language teaching.

Most of the rest of today will be given over to explaining, with in-depth examples, why NEURO?
why LINGUISTIC?
why PROGRAMMING?

M▩ will lead us into the NEURO area with a clear, concrete example.

Warmly yours,

Mario

ps: do you see how a "letter to the class" can be used for presentational work? You can do just this in presenting new concepts, new grammar etc....

See my "second Conditional " letter.