

Dear NLPers*,

The first thing I want to do is to wish tonight's presenters a very successful bit of work. Sadly, I have to be over doing a second session with the Dutch. Some of the folk in our group may find it interesting to see how an initial presentation now feels, some nine days in.

There seems to be a rumour around that the course finishes at lunchtime on Friday. My understanding is that the finishing time is 3.30 pm. I certainly do not see Friday is a sort of tailing off- rather the contrary. It is a pity C has to leave at morning coffee break, but that's the way it is.

Can you get an address list going that will have on it our land addresses, our cyber addresses^{es} + phone. Please get all the addresses on one sheet. Please write clearly in blue or black.

NLP is not swimming around in heads and hearts that were empty before. I am extremely curious to know, A, how NLP sits with the previous powerful, in-depth work you have done before.

I am curious to know, J; how these eight days fit or don't fit with previous work on self you have done, in the religious and other spheres.

I am curious to know from the coaches how things change when you are teaching/presenting NLP and doing it (for two of you) in a second language.

In fact, I am curious to learn as much as I can about how you are integrating the new stuff into your own personal experiential systems. After all you came here with personal experience that, all together, goes back to the time of Philip II of Spain and Elisabeth I of England. (11 X 40 ish)

A letter about this from each of you would be very welcome, on the theme of the meeting of your previous wealth and your NLP wealth.

I am fully aware that there are 12 entirely different courses going on in this room and that I only know anything significant about my own. **The map is different from the territory** is sadly, wondrously true. Sad because it emphasises a certain aloneness, wondrous because of the huge and creative diversity within four walls, among 12 people.



Yesterday we were working on enjoying and using the **dreamer, realist** and **critic** states.

By chance, yesterday evening, I was given a text that shows a **critic** state that is maybe not that useful or positive for the person experiencing it. Let me quote the person's words verbatim:

... ..I never seem to be totally satisfied with my writing. Every single time I read my papers I feel like revising something; sometimes it is just a comma, and sometimes a whole paragraph. I guess I would do the same with the above.

I love writing but it is so "painful" if you feel embarrassed reading your own papers over and over again.

I prefer writing in English on some subjects... .. and perhaps I am trying to deflect criticism and abdicate responsibility when I write in English, it is a foreign language for me, after all, isn't it?

Arseen, there is probably a strong connection between the above state of mind and the Enneagram No 1 state: the Perfectionist.
(I have put a reading about this on your chairs)

Those of us who have worked with J will have felt, seen and heard how important the General-Versus-Particular meta-program is. He tends to be happier the more general the discussion is and one of the difficulties a detailist like me has in getting through to J is to get up to a high enough level of generality for him to understand what I am on about. I love NLP for showing me that, if I do the communicationally necessary things, I CAN get through, though.

This meta-program is ~~very~~ important when you are translating from one language to another- often you can solve a translation problem by replacing a detailed word in Language A by a more general word in Lang B.

This meta-program can help in a business negotiation when you are in danger of getting stuck- you suddenly chunk down and get agreement on a detail- this agreement then helps shift the mood of the negotiation.

Do you remember the day last week when we worked on mistakes and the meta-program connected with error and its correction?

A rather self-referenced student will tend to want to retain the initiative in calling the teacher for help. Other-referenced folk will happily accept and benefit from teacher-initiated correction. I suggested you might seriously consider a different correction policy in your class in which you do not correct all equally, and in the same way.

This morning we will look at a couple more meta-programs that can help us understand and work with other people's amazing ways of seeing, feeling and doing.

(There has been some mental "going home" since as far back as Tuesday, in one or two people, to my certain knowledge, and this changes things in our group. Sure the group ends tomorrow afternoon, but until then we are here together for a purpose and we should be able to do a lot more at this end of the course than at the beginning.

As far as you can avoid future pacing and stay in the here and now.

I hear you shouting "Hear, Hear!"

Warmly yours,

Mario

*(With many of you now into coaching, this identity label seems accurate. You see the difference between these greetings:

Dear People on an NLP course (where?)

Dear People doing NLP exercises (what?)

Dear People honing their NLP skills (how?)

Dear People who find NLP important (why?)

Dear NLPers, (who?)).

Dear Mission People (higher purpose)