

Dear Going-home Folk,

Though much has been going on, this second Friday seems to have parachuted in on us rather soon. NLP is an on-going process and in a way for A [redacted] it is a continuation of a process that started last Fall in her home place. Has doing it in English for two weeks been strange? I guess and hope that these two weeks are part of an on-going, gradual process that will continue.

A [redacted], you will put NLP, I guess, with your many other resources in the psychological and spiritual field and allow it to interact with them. What is the road forward for you?

For people who have just started this kind of work, you will find that frequent practice is necessary to keep up your new skills and to continue further with NLP might make good sense, if these two weeks are not to be looked back on merely as a fascinating, one-off, inner trip. If there are others with some knowledge of NLP it is good to set up a PRACTICE group that meets every so often. More and more people are taking NLP on board.

As B [redacted] was telling me yesterday, the outfits offering NLP courses in Iceland can maintain skyhigh prices (Never Lower Prices). Islands are good places for price-fixing and monopoly. In London NLP costs 4 times more than other therapy courses.

NLP, now in its 31st year, is developing into various schools and streams with certain people specialising in certain directions.

Richard Bandler is offering New NLP, and I believe his practitioner course lasts a week rather than the normal month. As far as I can understand he is now working strongly with the Milton Model... and in fact going strongly back to the work of Milton Erickson. The article I gave you by Bonnie Tsai gives you her impressions of his work.

The Metaphor work we are going to see a video of this morning is another newish development in NLP thought. This is David Grove's baby developed by the Lawleys. I have experienced it as a client in supervision situations and it has helped me to break-thru insights. I have not yet eased myself into using it, except in tiny doses in class and in ordinary conversation. I find that, for me as a protagonist, work with light trance is very effective.

The three coaches have made this course a really new experience for me and it will take me a moment to digest the model. I want to thank you three for generous and inspiring work.

Thank you , all 11, for having offered me a thoroughly rewarding NLP and human experience.

I hope your journeys back are easy and safe,

Mario

A handwritten signature in black ink, appearing to be the name 'Mario', written in a cursive style.

H.L.T. DIGITAL
Humanizing Language Teaching