

Dear First Friday People,

My general impression is that you have really come a long way in these first four days, each in your own way, and that the skills are beginning to build, skills without which NLP is a pleasant talkshop without much practical use, like memories of a nice holiday journey.

Is the way you are taking notes the way you want to be taking notes? What is your note-taking and evening work process? Is it the same on this course as on previous courses you have been on? Are there any changes you may want to incorporate in week 2?

Today my fantasy/plan is to work on OUTCOMES this first period, to work on the Geoffroy Bateson Logical Levels second period and then this afternoon to have a look back over the week, using both vague and precise process investigation tools and then, finally, to find out your wishes for next week.

Here are some NLP PRESUPPOSITIONS:

In any system, the element with the greatest flexibility will have the most influence on the system

All behaviour has a positive intention

There is no failure.. only feedback


All the resources we need are within us.

NLP does not have to be true to be useful

(R■■■■ this comes back to your brilliant question to me: " Is NLP an invention or a discovery?)

As you will notice the above presuppositions are hugely chunked up- they are very general.

Can you please work with a partner and explore one or two of them that provoke or interest you in more detail.?

Mario 

(J■■■■, I hope you find this letter suitably directive! You were my guardian angel as I wrote it. Djekuie! (horribly wrongly pronounced and spelt- and maybe Czech, rather than Polish))