Dear Everybody,

I enjoyed supper last night down at the Beckett....over a meal one gets a different feel for people... at least the people I was near. In 1974, when Pilgrims started, we found that participants got ghettoised up on campus and the Wednesday meal down in town was one answer to that. Yes, there is a normal town down there around that great pile of mediaeval stone, only a mile from our ivory tower.

Some one asked me in a letter yesterday: "could you explain why you were angry with us and not in a mood for preparing?" I must have been unclear in my letter on this as I am not aware of having felt even a smidgeon of anger towards the group. I thoroughly enjoyed Monday's work and really felt I had met people well. A proof of this is that I held the names of people in the group absolutely clearly in my head- I have rarely had to make less conscious effort with the names in a new group.

Worth asking mentally (intra-personal mode) whether the above paragraph is window-dressing bullshit (psychologists would speak of "denial") but I do not think so.

I really hope there is clarity in people's minds about the exercises and thinking frames we have looked at (visual) and experienced (kinaesthetic). If there is confusion then this is the point in the course to speak about it, rather than next Thursday.

Obviously there is a big difference between "knowing" something and "being in it". The Gardner frame is a state of mind, not just an understanding of information, and a state of mind needs time to mature.

Mario