

Dear O [redacted],

I find it helps me to write letters to my students- it helps me focus my mind on them and affords us an extra channel of communication. (will ask you to respond to this letter with an audio letters on cassette.

When I review our first hour and a half together yesterday, I can see this mad journalist asking you question after question about your country, almost as if he had to write an article about the Czech Republic by lunchtime! (I started my career as a journalist with Reuters).

Not very useful teaching as it possibly heightened your state of tension. I have a strong feeling that to learn fast you need to be in a state of relaxation. Is this true?

If it is true how can we achieve this? Do you relax best when walking, sitting in a room or swimming. Does music relax you? Does painting relax you?

To tell you something about me: born in June, and so a a Gemini..... I was born by Caesarian having shown no clear wish to come out by the tenth month... maybe I should start a club to bring together people who spent more than 9 months in the womb- maybe we are a class or category. I am sure that womb experience is very formative and is very little investigated or thought about.

My children: 32,28 and 10 (with the same wife- this has to be said quickly or people immediately think " oh he must have remarried ")

I liked the very end of yesterday morning's session when you spoke about your son attending both law and economics courses in two different universities and doing extremely well on both courses.

Yours warmly,

Mario.