

Dear Us,

2nd Thursday

Wow, I had a really great time with the (A) gang. Sorry I did not get back to you for our usual session at 5.45. We sailed on till nearly 6.00.

Yes, I was definitely on holiday with them. I was able to focus entirely on the task Sheelagh set me: "they really need to work on learner styles" she told me.

It is so much easier to just work on task - as an engineer I love building that bridge over the Bosphorus. I could half forget group process, (though there has clearly been a real change since when I last took them on the first Tuesday) I did not know about tensions in the group; the loves, the hates and the avoidances.

I felt neither able to nor bound to deal with any stuff from before unless my session clearly stirred this.

So I only had $\frac{1}{3}$ of a trainer's job and had a great time.

Thank!! yous Us

Maybe I took them like energy you have given me.