

2nd Tues

Dear 12 NLPers,

You will notice I am addressing you at identity level and this is maybe a bit hopeful. You are all working on NLP at the behaviour and ability levels. Some are also working at belief level. I sense that there are people in the group who are simply "natural" NLPers and you are taking to the work like ducks to water. Exactly the same happens in the early stages in language learning. Yes, for me NLP is a second language.

Yesterday tea time, after our excellent work on outcomes- I was really impressed- I went into my supervision in a state of tiredness and total unpreparedness. To have nothing in mind can be a very good entry point to a supervision... because the more underneath stuff is likely to come out. I really found myself with a new and different picture of teaching NLP I have never achieved before and this was exciting. [Every day, on a very intensive course, I meet a colleague for a **mutual supervision**. The rules are:

- total confidentiality
- adherence to strict timing rules (15 or 20 mins each way)
- a good supervisor listens with 90% giving
- no Uncle Raif or Auntie Paola, no daft advice giving
- The good supervisor will sometimes intervene to highlight, to mirror back, to confront, to use a relevant technical procedure.

We each have 15-20 minutes to speak of whatever is on our heart about our class. At worst, a supervision relieves and soothes, at best new and creative insights come from this short reflection-in-the-presence-of-a-significant-other. I would never be able to work through group after intensive group from June to September without the safety net of supervision. All therapists are in supervision, social workers are now using it. High time teachers did. I'll offer you a reading on this tomorrow.]

This afternoon you will be doing a powerfully useful metaprogram with Bonnie (we have so far only done one: General-Detailed.

Right now we will work on the last pillar of NLP: Sensory acuity.

(the others are..... do you recall..... rapport outcomes flexibility.)

Tomorrow will , I hope, be a " high" day I want us to look at the Disney Creativity Strategy, which is very useful in organising your work as a teacher etc... , I want us to do some three perceptual positions work (1st/2nd and 3rd) and I want to show you NLP used to explore how we correct our mistakes when speaking another language. (Might be too much. ... Well, you have a free evening tomorrow, no alluring sirens calling to you from distant rocks!)

Mario

