Dear Colleagues, friends and provokers of my wonderment,

It was marvellous yesterday when F▮▮▮▮ was so strongly in downtime (inner voice….introspective mood) that she was hardly affected by A▮▮▮'s powerful switch of attention away from her story.

It was marvellous when P▮▮▮ told us of human love being wanting the OTHER to be the same as themselves, while God embraces the difference of the OTHER.

The atmosphere in the room as we came out of the beliefs discussion was, for me very special, as was the way M▮▮ C▮▮▮▮ led us to lightly breathe our way out of the state/mood. These are things that it is quite hard to put into words.

It was marvellous to find that Mike (our visitor) was still in the trance of the group at 5.30 when I had a chance to talk to him by the duckpond.

It fits deeply with my general ideology to believe that, when the human ecology is partly right, many people are capable of deep and riveting self-expression. Psychodrama, produced by ordinary people, is so well-formed, powerful and cathartic that I wonder why I should go to theatre and witness what are bizarre, artful contrivances, by comparison. Perhaps I am exaggerating a bit… but the point is worth making, even if it could usefully be made more modestly.

Yesterday I mismatched by adding WE to the I and YOU/THEY/SHE/HE of the metaprogram, and suggesting that NLP is sometimes culturally negligent.

Let me be a "bastiancuntrar" again ("Mary, Mary, quite contrary, how does your garden grow?)- let me once again mismatch……:

I feel there are occasions when the ENVIRONMENT level of Bateson's scheme can override so-called higher levels. If you are sent to prison for 25 years, you will change behaviours, you will change skills, you will very probably also change beliefs.
Bateson's scheme is fiercely anti-marxist, and like much NLP,is based on earlier Protestant values.
For me NLP gives huge value to the individual but down-plays societal forces.
There are parts of my belief system that hold me back from progressing beyond being a lower intermediate speaker of NLP.

I wonder which bits of your belief system make it hard for you take parts of NLP on board.
For example….how well do the Rogerian values of a counselling course, S▮▮▮▮, fit with NLP?
How about Yoga beliefs? How about your many previous frames, D▮▮▮?

Mario.