

2nd Wednesday

Dear Gang,

The area we tackled yesterday afternoon, the area of limited autobiographies, feels to me like a very rich one for exploring a culture. I learnt a lot about M■■■■'s beliefs about independence and individualism as I listened to her hair adventures. In the same triad I learnt something about the way that W■■■ relates to social pressures And all this in the context of hair.....

In both contexts I was forced to think about the NLP meta-program that deals with self-reference versus other-reference.

It would be possible to run an entire culture of UK course by working on UK limited autobiographies. I might try it one year with the Brazilians who come in their hot summer, in January.

By the time you get this we may well have spent the afternoon working on cultural themes. My hope is that you now have some new filters to look at cultural matters through. Even if the filter I offer does not suit you, at least the idea of using filters is important.

I hope you have a pleasant evening,

Mario.